

PRESS RELEASE

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WONDER CORE DEBUTS HOME FITNESS INNOVATIONS AT THE INSPIRED HOME SHOW 2026

*Red Dot Design Award Winner Unveils Active Seating Technology and Next-Generation Compact Exercise
Equipment for Modern Living*

Wonder Core, a Taiwan-based fitness brand with a global presence, will showcase three groundbreaking products designed to transform home wellness at The Inspired Home Show 2026, March 10-12, at Chicago's McCormick Place.

The centerpiece of Wonder Core's exhibition is Chaircise, the world's first patented "Squat-Sit" active seating system that awakens core muscles while users work. Unlike traditional office chairs that promote passive sitting and body dormancy, Chaircise features a patented Closed Kinetic Chain (CKC) structure that activates deep core engagement and improves hip mobility through continuous pedal motion.

“Standard office chairs are contributing to a silent health crisis characterized by core muscle deactivation and chronic lower back pain,” said Eric, CEO of Wonder Core. “Chaircise redefines ergonomics by transforming passive sitting into active core engagement. Users can alternate between dynamic pedaling for improved circulation and stability or lock the mechanism for traditional static resting. Finally, wellness doesn't have to compromise productivity.”

Also debuting at the show is the Flex Cycle 2, Wonder Core's next-generation transformable exercise bike featuring patented flip-switch technology and a dual-idler shock absorption system. The upgraded design seamlessly transitions from recumbent bike to core-focused mountain climber mode with one press, which eliminates the button-jamming issues of previous models.

“University research shows that the Flex Cycle burns more calories and engages more muscle groups than traditional stationary bikes,” said Amy, Chief Brand Officer and product team lead at Wonder

Core. “Our second-generation model features improved transmission, enhanced magnetic resistance, and operates quietly—all while folding to half its size for easy storage. It's designed as two machines in one compact footprint, perfect for real-world apartment living.”

Completing Wonder Core's showcase is FitSpec, an 8-electrode body composition analyzer that offers gym-grade accuracy in a bathroom scale design. This device measures 61 body metrics in just 30 seconds, including muscle mass, visceral fat, metabolic age, and bone density. It then automatically syncs with the Wonder Core app to provide AI-powered health insights.

“Standard scales only tell you weight. FitSpec tells you what's actually happening inside your body,” said Eric. “Our segmented torso and limb analysis goes far beyond what 4-electrode scales can measure, giving users data-driven insights to optimize their training and track real progress over time.”

All three products embody Wonder Core's design philosophy of combining award-winning aesthetics with practical functionality. Wonder Core's product line has won multiple Red Dot Design Awards for its innovation and user-centered approach.

Wonder Core will be located in Booth N8428 at The Inspired Home Show.

For further information, visit www.wondercore.com or contact Leila at leilatsao@wondercore.com

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Wonder Core is a fitness brand based in Taiwan with a global presence that extends across North America, Europe, and Asia. The brand is recognized for combining innovative design with practical functionality, creating award-winning home fitness solutions that cater to modern lifestyles—whether in compact living spaces or work-from-home environments. Wonder Core has received multiple Red Dot Design Awards and is dedicated to making wellness accessible without sacrificing aesthetics or functionality.

For more information, visit www.wondercore.com